



sdpfp | dpVl ap \_ \u Ap °eApf Lp°X  
 |L \_ Lfp A \_ Ar`gþku AfiX e|  
 Ar\_dii \_ huqXep' Sy Ap' gpCh.

AihuLpf: Ap dVuqfeg dp" dprtsu tskf R '. s Xp°Vf A\hp U\Lf ,paig\_u kpl A\hp  
 dpNvii \_ \p \_ \u gsu. kQpV A\_ kdejQs dprtsu `fu `pXhp b\_sp OÖ ,ex\_ö  
 Lfhjdj A\lej R , `fs Ap kvC L p`C NifV u Ap` hjdj \u Aphsu. sdhf sdprp rQqlxkL A\hp  
 U\Lf ,paig\_u kplghu = CA A\_dp" s\_p `fS rhOhpk fpMhp = CA.

S\_rlsdj ,Lrislsj



k\_pau tpDk, kuVuAk \_117-bu, Ag AfiX Vu rBT\_k `pLi, kplu rhlpf fpX, `hc, dlbc 400072- cpfs.

SFC/15/000073



Ar`gþku kþ\ ihl\Δha  
 Δhhpau sdphu dpNivriLp



**ceļosNs rhNsp**

\_\_\_\_\_pd: \_\_\_\_\_  
 Sfid spfuM: \_\_\_\_\_ tgN: \_\_\_\_\_  
 V° giap\_: \_\_\_\_\_  
 kf\_pd: \_\_\_\_\_  
 \_\_\_\_\_

**Xp°Vf u rhNsp**

\_\_\_\_\_pd: \_\_\_\_\_  
 V° giap\_: \_\_\_\_\_  
 kf\_pd: \_\_\_\_\_  
 \_\_\_\_\_



**LVp°LVu p dLukidi k° u dpV u ceļos**

\_\_\_\_\_pd: \_\_\_\_\_  
 V° giap\_: \_\_\_\_\_  
 kf\_pd: \_\_\_\_\_  
 \_\_\_\_\_

**AaēdrZS-**

- Ar` gžku\_p kpd\_p Lfhp 1
- Ar` gžku rhii h^j ≈ZLpfu d°mhp° 2
- Ar` gžku rhii\_ cdZpAp A\_ lLuLsp° 3
- ApQLu\_p Idg) Ap)h xef 6
- rhii j d)j)Ap) 8
- bpml)pd) Ar` gžku 10
- Ar` gžku dp\ u blif Ap)hg ,rkY ceļosAp 11
- Ap)QLu\_u `)vdL kpf)pf)\_p kQ)\_p 13
- Ap)QLu\_u X pefu 15



# Ar`g#ku<sup>0</sup> k-da<sup>0</sup> Sfh<sup>0</sup>

d\_ S i dpV ? Ar`g#ku\_ r\_v\_p\_ \hplu l[e]s` p`sp\_` fhi A\_ch R . i\_l dpf lh Apdh\_ ApQL\_u\_p ldg\_ ce k\_ \ Δhh` \i? dpfpl` Z L VgpL k` \_p R` `Z i\_l Ap fpN d\_ Δh\_dp kam b\_hplu fpLi? ApA\_ AphplLVgpL ,\_p R` S` sd sdpfu =s\_ A\_Lhpf` |Rrepli.  
Ad sdpfp vfl ,\_p S hpb Lv pQ\_ Ap`u i\_lA. `fs\_r\_:kiv l Ad sd\_ `ep`ts hopr\_L dprlsu `fu`pX u i\_lA R uA S` Ar`g#ku dpV`\_p sdpfp ArcNd bvgu`\_Mi A\_ sd\_ h^ kam Δh\_ Δhhdpj dvv` b\_i\_ \_uQ Ar`g#ku rhi` L` VguL lL uLsp S Zphu R` .

- Ar`g#ku A kpdpfie rhl pf R` S` v\_r\_eycfdp gpMp gpL\_p\_ ,cprhs Lf R .
- Ap AL sbubu [lrs R` S` dNS dp Arsie A\_ Akpdpfie Cg[OV: Lg A[OV rhV u\_ gu^ \pe R .
- dpVpN cpN\_u l[e]sA\_ dpV Ar`g#ku\_ p fpN Apdh\_ \_u flsp A\_ \xpN hj dpV S Akf ^fph R` .
- r\_erds vhp A\_ Δh\_ i\_gdp kp^pfZ `fhs\_ k\_ \ Ar`g#ku ^fphsp Lyg gpL\_p` dpl` Arif 80% `psp\_u ApQLuAp` fr\_e` Z dmhu i\_l R` .
- A hpl A\_L fdshifp, kNusLpfp, LgpLpfp A\_ Afie ,rkY l[e]sA\_ R` S` Ap` Ar`g#ku ^fphsp lsp A\_ Rsp `psp\_p Lpein` kams\_p i\_lMf R` .

Ar`g#ku\_ kpd\_p Lfsp i\_uMh A` s\_u kpfhpf S V g S dlxh\_ R . vfl l[e]s s\_ ` \eg Ar`g#ku\_ AgN AgN fus kpd\_p Lf R` xepf Al] L VgpL D` epNu kQ\_ Ap`ep R` S` sdpfp Ar`g#ku\_ fpN` kdShp A\_ s\_p\_r\_ed\_dp sd\_ dvv` b\_u i\_l R:

1. **sdpfu [lrs rhi sd ≈Zu i\_l A` b^ S ≈Zp:** Ap kp ,ld `fs dlxh\_ ` Ngi R` S` sdpfu ApQLuAp` fr\_e` Z dmhhp sd Lfu i\_l R\_p` .
2. **sdpfp dpNv i\_l X p^OV f k\_ r\_Migks\ hps Lfp:** sdpfp dpNv i\_l X p^OV f k\_ \ sdpfu tQspAp A\_ rhLpk rhi QQp i Lfhp u sd\_ Ar`g#ku dpV` O\_ kpfhpf dmhhdpj dvv dm i .
3. **s\_p rhi hps Lfp:** Ar`g#ku ^fphsp Afie gpL\_p` k\_ \ hps Lfhp u sd\_ Ar`g#ku\_ kpd\_p Lfhpdpj dvv dmhp\_u k\_ \ s\_ ep` e\_r\_ed\_ Lfu\_ Δh\_ Δhhdpj ` Z dvv \C i\_l R` .
4. **gMp:** S f\_gdp sdpfp rhQpfp\_u grMs \_p^ Lfhu sdpfu gpNZuAp\_ AgN Lfhpdpj klpeL b\_u i\_l R` . kuTf X pefu `Z sd\_ A\_ sdpfu kpfhpfLsp X p^OV f\_ ApQL u (kuTf) \_p D\_ SLp\_` ApmMhdpj A\_ sdpfp rhLpk `f\_s f\_pMhdpj D` epNu b\_u i\_l R` .
5. **sdpfu vhp ,jZls\ gsp flj:** sdpfu ApQL u Ap` r\_er` s Lfhp sd gp R` A` vhpAp sdpfu kpfhpf Mb dlxh\_u R` . AVg, sd L pC` Z X p T QL u \_ ≈A\_ A ANxe\_ R` L pfZ L` Ap sdpfu ApQLuAp` fr\_e` Z Ndphdpj `qfZdu i\_l R` .

# Ar`g#ku rhi h^ ≈ZS-fu dmh<sup>0</sup>

## Ar`g#ku i\_l R`?

Ar`g#ku A dNS \_p rhl pf R` S` dNS dp Cg[OV Lg A[OV rhV u h^u S hp\_ gu^ \pe R . Ap\_ L pfZ kpdpfie fus =Zu \_u i\_l ps. Ap ApQLu A\hp auV Aphhp sful \C i\_l R , S dp i\_l fuf\_ u ALpAL \su lg\_Qg\_ , \pX u \pX u hpf bcp\_rh\_ \hu , i\_l f\_ i\_ peAp TX` \u MQpC S hp S` \pX u nZp \u \pX u rdr\_V p` k^u flu i\_l R` s kpdg R` . Ar`g#ku A L pC Op` A\hp hmNpV\_u `fs kpfhpf \C i\_l s sbubu [lrs R` . Ar`g#ku A kpdpfie sbubu [lrs R` S` rh\_ cfdp Ajif 50,000,000 gpL\_p` ,cprhs Lf R` . Ar`g#ku h[OhL fpN R` S` dpN s vfl Ddf, ~` f\_j\_ Akf Lf R` A\_ S` s` l[e]s\_u i\_l rZL A\hp Apr\l [lrs k\_ \ LpC kib` ^ \_u ^ fphsp .

## krtš Crslpk...

Ar`g#ku A L pC \_hu budpfu L fpN \_u. gNcN Ap` Zp vfl `hi ≈ A Ar`g#ku\_ gnZp\_ hZ\_ Lei R . C.k. 400 dpl` gMp\_ ,pQu\_ Apehqv L Aj` kprlx Qfl krlsdp Ar`g#ku\_ r\_v\_p\_ A\_ kpfhpf rhi\_ dprlsu ≈hp dm R . ,xel N\_uL \_pNgfL Ar`g#ku\_ rhrh` ,Lpfpdpj hZ\_ Lei R` A\_ Ap dprlsu rbqv i A`erTeddp ≈hp dm R . rL` pS v k S` D` e`o` fus vhpAp\_ r`sp sful ApmMpe R` sdZ Ar`g#ku\_ Q\_ \_u LmpAp k\_ \ kplmg R` `fs sAp dp\_sp lsp L Ar`g#ku A dNS \_p rhl pf R` \_l] L L pC `rh` fpN. 1873dpj, 4tgjk S L i\_ \_pd\_p AL i\_ u A ,isph Lepi ls] L ApQL u Ap` Aphhu A dNS dpj Akpdpfie Cg[OV: p- L rdLk\_p AL pAL lsp `ph\_ gu^ \pe R` A\_ Ahu cgpdz Lfu lsu L S` cpNd p` ph \pe R` s Aphgu ApQL u\_p ,Lpf\_ Ap` pf b\_ R . Cg[OV pi Afrika gpNpa (CCD) A\_ Afie CdΔN D` LfZp\_u i\_p` k\_ \ ApQLuAp` rhi\_ u kdS TX` u b\_u R .

## LpfZp

b-sisei\ i\_l h^ vfv u Apdpj Ar`g#ku\_ L pfZ =Zu \_u i\_l ps. hopr\_L p` \_i\_l dp\_hi R` L` Ap fpN S` \_qVL A\_ `ephfZue` qfbmp\_p kdfihe\_ gu^ \pe R` . AdL qL i\_kpApdpj L pfZ =Zu \_u i\_l ps. dp\pdp \egu C≈Ap, iV. p^k, bC\_ VEdf, bC\_ Cfa` i\_ , kukp\_u T fu Akf A\hp, kh vfrdep\_ \egu C≈\_ gu^ Ar`g#ku \C i\_l R` .

## ApQLu Ajh ref...

Ar`g#ku dNS dpj flg\_ f\_kpeZp h/Q Aksg\_ gu^ \pe R` . Ap kil` s Ap` sp f\_kpeZp (S` fiefp-Vs pfikduV k sful ApmMpe R ) AL fiefp\_ \u bu= fiefp\_ k^u dprlsu `LpQXhdpj dvv Lf R` . jgV pdV sful ApmMps AL fiefpV: pfikduV f fiefpik\_ u A\_ sDlsdj h^pfp Lf R` fef Afie Npdp-Ard\_p GeqVL ArkX (Npbb) r\_j^ xdl R` . jgV pdV dpl h^pfp A\hp Npbbdp OVpXp \hplu ApQL u\_p Ldg\_ Aph R` . AVg, jgV pdV 1sfdj OVpXp Lfsp OVLp A\_ Npbb\_p 1sfdj h^pfp Lfsp OVLp Ar`g#ku\_ r\_ed\_dp dlxh\_u crdL p ^fph R` .

1. <http://www.who.int/mediacentre/factsheets/fs695/en/index.html>. Last accessed on 23rd July 2015

# Arçkt11 rçza1 rdZ-A- Aa IS1SP-

1. Ar`gþku A`cþje S ≈hp dmsu [i]rs R`  kþQ  MpVyñ  
 Ar`gþku A`rhucfdþ 50,000,000 gþLp`\_, cþrþs Lfsu kþdþfie sbubu [i]rs R`.  
 Ar`gþku A`khÏep`u R`S`dþN` s Ap vfl`\_, cþrþs Lf R`:  
 • vfl Jdf\_p gþLp`\_  
 • ~iA`\_`fj b`i`\_  
 • Nfub A`\_Aduf  
 • rims A`\_Arirms  
 h^dþ, Ar`gþku\_p DÏgm l= fþhj` `hi, pQu\_h qvL` `rslp`dþl` `Z`ep R`.
2. dþVpñ cþN\_p qL`kþAþdþ Ar`gþku`LpfZ=Zu`\_iLps  kþQñ  MpVyñ  
 gNcn b-srsej`i vfvuAþdþi Ar`gþku`LpfZ=Zu`\_iLps. Ap`\_hþ`Qp`Lk`LpfZ  
 =Zu`\_iLpe`lþhp R`sp S`\_qV`L A`\_`ephfZue` `qfbmp`\_ kdfihe`\_gu`^ Ap`\_fpN`\_sþ`  
 lþhp`\_d`pe R`. AdL`qL`kþAþdþ`LpfZ=Zu`\_iLps. dþNþdþ`\_veg`C=, rV`p`k, bC`\_  
 VËdki, ,kh`vfrdep`\_Q`\_`\_Aþp`C= `hu`Ap`vfl` Ar`gþku`\_hþ`\_u`D/Q`kþp`\_v`iþh`  
 R`.
3. Ar`gþku A`sbubu [i]rs R`\_I]L`LpC`ep`  kþQñ  MpVyñ  
 Afie`vu`OIL`pgu`\_sbubu [i]rs`S`hu`L`XpeprbVuk`A`\_lþC`fvfi`i`\_S`d`S`Ar`gþku`A`  
 sbubu`rhLpf`R`. dNS`dþl`Cg[°V`Lg`A`\_rSi`\_p`Arsie`A`\_Ar`erds`^ph`\_gu`^`AþiQLuAþ`  
 Aþh`R`. Ar`gþku`\_Op`\_, k`f`Qfg` ,qSep`Aþ`A`\_Lfgþ`Ldþ`\_u`k= kþ`\_LpC`kb`^`\_u.
4. AþiQLu`\_p`ldgþ`vfrdep`\_vfv`\_u`\_p`dþY`pþi`QdQu`S`hu`  kþQñ  MpVyñ  
 LXL`hıs`dLp`S`\_u`\_Δc`\_C≈`\_`\_Ve  
 AþQLu`\_p`ldgþ`AþiQLu`\_p`\_A`\_i[e]`s`\_p`dþY`pþi`Lp`C`hıs`\_`\_dLp`°. Lp`\_p`Lfu`  
 \_p`^`\_g`i`i`L`\_dþY`pþi`L`N`CL`dL`h`j`A`Mb`S`≈`Mdi`R`L`dL`vfv`u`\_s`Nmu`i`L`R`\_A`\_s`\_j`dx`e`Z`  
 `C`\_iL`R`°. D`\_fþs` ,v`p`is`A`\_`\_Y`p`i`\_`\_Z`lpr`\_`C`\_iL`R`°. Δc`Nmpdþi`Dsfu`S`i`A`MpV`u`  
 dþfiesp`R`\_AVg`\_Δc`\_`LXhp`sdþþi`\_lþ`dþY`pþi`\_`\_p`M`iþ. ≈L` , i[e]`s`\_AL`\_`XM`  
 khX`phhu`≈`CA`S`\_u`\_Δc`blþf`Aþu`≈e`A`\_`\_k`\_dþN`idþi`A`hf`^`\_`Ecþ`\_lpe.

5. Ar`gþku A`ldii`ApΔh`\_flsp`fp`N`R`A`\_  kþQñ  MpVyñ  
 sdþf`\_Δh`\_cf`vþp`\_ghu`^`X`R`.  
 Ar`gþku`^`fþhsþ`dþVpñ`cþN`\_p`gþLp`\_`\_AþQLuAþ`\_`\_u`\_Aþhsu`Aþhp`gþbþ`kde`k`^`u`vþp`  
 \_`\_u`\_ghu`^`Xsu. Ar`gþku`^`fþhsþ`Aþi`f`60%`gþLp`\_`sd`\_p`\_Δh`\_p`\_`\_p`Xpñ`kde`k`^`u`S`  
 kdi`ep`^`fþh`R`\_`\_A`\_`sd`\_p`\_Xpñ`V`f`\_p`dþNv`i`\_`LWm`\_s`Aþ`vþp`b`^`Lfu`iL`R`. bþm`Z`dþ`  
 `veg`u`AX`p`u`h`^`p`f`cþN`\_u`Ar`gþku`kde`S`sp`v`|`f`C`≈e`R`°. ≈L` , Lyg`vfvu`Aþ`dþ`\_u`A`L`  
 Qs`\_p`k`gþLp`\_`\_fp`N`\_r`e`Z`dþ`fþMþ`ApΔh`\_vþp`\_ghp`\_u`S`f`^`X`u`iL`R`°.
6. AþQLu`Aþhg`\_ce[°s`\_`\_u`Q`kþX`phu`v`hu`≈`CA`\_  kþQñ  MpVyñ  
 AþQLu`\_p`ldgþ`Aþh`xepf`i[e]`s`\_`\_epfe`fp`Lp`\_`\_l]. s`\_`/`sZu`\_`\_S`bfvısu`u`\_`LXu`\_`\_fp`Mþ`  
 L`d`L`\_`Apd`L`fhp`u`C= `C`\_iL`R`. Ap`\_u`bvþg` , AþS`bþS`dþ`flg`u`hıs`Aþ`v`f`L`fu`\_`s`\_`\_C`=  
 `sþ`fp`Lp`°.
7. sd`\_ce[°s`\_`\_AþiQLu`\_p`ldgþ`dþ`\_u`blþf`\_ghu`\_iL`\_p`R`\_p`\_  kþQñ  MpVyñ  
 i[e]`s`\_`\_AþQLu`\_p`ldgþ`Aþh`xepf`s`\_`\_fp`L`hp`sd`Lpñ`C`S`\_`\_u`Lfu`iL`S`. ldgþ`Aþh`xepf`i`i`  
 flþ`A`\_i[e]`s`\_`\_C`≈`\_`\_hþ`lþu`b`Qþp`\_A`\_s`\_u`\_klpesp`L`fþ.
8. Ar`gþku`^`fþhsu`vfl`ce[°s`Aþdþi`bqY`\_isf`AþR`iñ`lþe`R]`\_kþQñ  MpVyñ  
 Ar`gþku`^`fþhsþ`dþVpñ`cþN`\_u`i[e]`s`Aþ`kþdþfie`bqY`\_isf`^`fþh`R`. Afie`kdlp`\_u`S`d` ,  
 Ar`gþku`^`fþhsþ`gþLp`dþi``Z`\_saphs`≈`hp`\_dm`R`. A`k`i`\_r`\_`s`\_veg`R`L`\_`L`\_Ar`gþku`  
 ^`fþhsu`i[e]`s`Aþ`dþ`\_rkl`fus`budþf`\_u`lþsu. ≈L` , AdL`gþLp`dþi`Ar`gþku`dNS`\_u`  
 C≈`\_`\_gu`^`\_`Z`lþC`\_iL`R`°. Aþu`i[e]`s`Aþdþ`dNS`dþi`\_veg`u`C≈`\_`\_p`\_s`\_AdL`Andsp`\_`  
 LpfZ`lþC`\_iL`R`°.
9. Ar`gþku`i`i`L`fhp`A`\_`Mþiku`Mþhp`\_u`\_s`\_ce[°s`Ns`i`i`  kþQñ  MpVyñ  
 <fþ`\_ce[°s`\_vf`\_ce[°s`\_a`\_gþp`\_R`°.  
 Ar`gþku`i`i`L`fhp`Aþhp`Mþiku`Mþhp`S`°`hp`i[e]`s`Ns`i`i`\_i`\_i[e]`s`\_vf`\_i[e]`s`\_a`\_gþsp`\_`\_u.





10. Ar`g#ku`^fphsp`gpLp`rIkL`A`rh`iL`lpeR`.

kqQ  MpV

Ap`hpsdpl`Sfpe`s'e`\_lu. Ar`g#ku`^fphsp`gpLp`DN`\_lu`LpSp. =L, Ap`QLu`Alep`R`u`sfv`v`u`di`Tpe`=e`R`. Ap`sbQ`sd`\_S`bfvisu`L`Xu`fp`Mhpdpl`Aph`sp`S`Ap`D`-r`S`s`IC`=e`R`A`\_d`o`s`\_lhp`\_ex`\_L`f`R`. AVg, `o`epfe`S`bfvisu`\_L`f`p`\_f`s`klpeL`b`\_p`A`\_Ap`QLu`\_p`Ldgp`vfrdep`\_A`\_`Ru`sd`\_dvv`f`\_b`\_p.

11. Ar`g#ku`A`\_Dh`\_d`\_kamps`\_p`dpNidpl`Ahf`A`R`.

kqQ  MpV

Ap`S`, fp`N`rh`i`\_u`=Z`Lp`fu`\_sd`S`k`p`f`p`d`p`l`k`p`f`u`v`h`p`Ap`D`g`G`^`l`p`h`p`k`p`\_Ar`g`#`k`u`A`\_Dh`\_d`\_kamps`\_p`\_dp`Nidpl`Ahf`^`f`\_`\_lu`f`4`p`. A`\_L`\_rk`Y`L`g`p`L`p`f`p`, g`M`L`p`\_A`\_fdshuf`p`A`\_Ar`g`#`k`u`\_f`rh`S`e`\_dmhu`\_`\_p`sp`\_p`n`” Tmlmsu`kamps`\_dmhu`R`. AVg, r`\_erds`k`p`h`p`f`k`p`\_Ar`g`#`k`u`^`f`p`h`su`\_dp`V`p`\_cp`N`\_u`\_i`e`l`o`S`A`\_k`p`d`p`f`ie, k`\_M`u`\_A`\_kam`\_Dh`\_Dhu`\_i`L`R`.



# A`QS1a`\_Id`«`\_A`-4`\_xe`-f

sd`f`i`l`L`fhj`≈CA...

≈ sd`\_Ap`QL`u`\_p`\_Ldgp`\_A`ph`\_sp`\_sd`\_kfms`\_f`l`p`\_A`\_ep`\_je`\_k`p`h`p`f`\_dmhu`\_i`l`\_p`\_A`\_dp`V`\_sd`\_A`\_L`\_D`\_pep`\_L`fu`\_i`L`p`R`p`.

1. `q`h`p`f`\_p`\_kv`ie`p, rd`”p`\_A`\_sd`\_S`\_d`\_u`\_k`p`\_L`\_pe`\_l`\_f`p`\_R`p`°`\_sd`\_S`\_Z`p`h`p`\_L`°`\_sd`\_Ap`QL`\_u`\_p`\_Ldgp`\_i`e`s`^`f`p`h`p`\_R`p°. sd`\_S`\_Z`p`h`p`\_L`°`\_sd`\_u`\_l`p`S`\_f`u`d`p`\_sd`\_Ap`QL`\_u`\_p`\_Ldgp`\_A`ph`\_x`e`p`f`\_sd`Z`\_i`j`\_L`fh`\_≈CA. Ap`S`\_Z`p`h`p`d`p`l`\_i`f`d`\_S`°`h`j`l`\_L`p`C`\_S`\_`\_u`\_L`d`L`°`\_Ar`g`#`k`u`\_A`\_X`p`e`p`r`b`V`u`k`\_A`\_L`p`C`°`\_f`v`f`ii`\_S`°`\_h`p`°`\_S`\_s`b`u`b`u`\_r`h`L`p`f`R`°.



2. f`e`j`\_d`i`\_f`\_k`d`g`\_l`e`\_A`hu`\_S`\_j`e`p`\_`f`\_S`\_h`p`\_`\_l`°`\_L`\_p`e`i`\_L`f`h`p`\_`\_V`p`m`p`°`. v`p`\_s`. sd`\_sfhp`\_S`°`\_h`u`\_`\_hr`-`\_A`\_`\_c`p`f`\_d`i`\_f`\_u`\_`\_l`\_m`\_L`\_p`e`f`\_L`f`h`p`\_`\_V`p`m`u`\_i`L`p`R`p`°`\_≈L`°`\_sd`\_k`q`S`e`\_f`l`p`\_A`°`\_Z`M`b`\_d`l`x`\_`\_R`°.

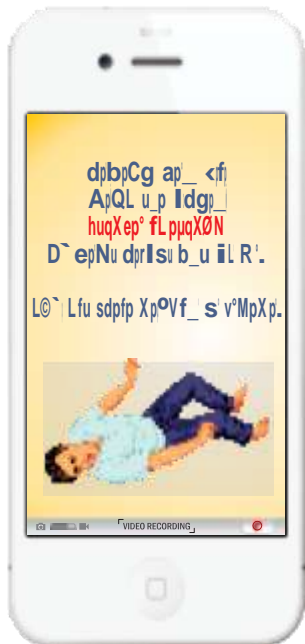
3. sd`p`f`\_X`p`°`V`f`\_u`\_k`g`p`l`\_r`k`h`p`e`\_Ar`g`#`k`u`\_`\_v`h`p`\_g`h`p`\_`\_i`\_b`^`\_L`f`p`. Ap`d`\_L`f`h`p`\_l`\_sd`\_Ap`QL`\_u`\_p`\_Ldgp`\_`\_j`\_D`/Q`\_≈M`d`^`f`p`h`u`\_i`L`p`R`p`°.

≈ sd`\_Ldgp`\_A`ph`\_sp`\_sd`p`f`u`\_Ap`k`\_p`k`\_f`l`g`\_i`e`l`o`S`A`\_g`h`p`\_p`\_f`l`s`\_D`°`\_pep`\_`\_u`Q`\_S`\_Z`p`i`e`p`\_R`°`. L`o`°`\_p`\_L`fu`\_Ap`\_L`\_p`m`Δ`°`\_h`L`\_h`p`Q`u`\_g`p`\_A`\_sd`p`f`p`\_f`p`T`S`\_v`\_p`\_Δ`h`\_d`i`\_S`°`\_g`p`L`\_p`\_p`\_k`°`\_L`\_d`p`l`\_sd`\_f`l`s`\_l`p`\_sd`\_S`\_k`d`=h`p`.

Ap`QLu`\_A`phsu`\_l`pe`\_A`h`p`\_v`f`v`u`\_u`\_Ak`°`\_k`\_f`l`s`\_c`e`l`o`S`A`\_i`l`\_L`fhj`\_≈CA...

1. i`is`\_f`l`p, [i`l`r`s`\_r`\_e`”Z`d`p`\_f`p`M`p`\_A`\_Ap`k`\_p`k`\_f`l`g`\_g`p`L`p`\_`\_t`Q`sp`\_L`f`h`p`\_S`\_Z`p`h`p.
2. v`f`v`u`\_p`L`°`\_X`p`Y`u`g`p`l`\_L`fu`\_p`M`p`\_M`p`k`\_L`fu`\_N`m`p`\_`\_p`k`\_S`°`\_u`\_O`h`p`k`\_g`h`p`d`p`l`\_p`°`C`\_A`h`f`i`^`\_`\_l`pe.
3. v`f`v`u`\_u`\_Ap`k`\_p`k`\_f`l`g`\_L`p`C`\_ar`\_Q`f`\_A`l`h`p`\_A`f`ie`\_≈M`du`\_h`i`s`A`p`\_v`i`f`\_L`fu`\_v`p`°`\_S`°`\_u`\_v`f`v`u`\_`\_C`=u`\_b`Q`p`h`u`\_i`L`pe.
4. v`f`v`u`\_`\_A`f`ie`\_i`m`\_`\_f`\_g`C`\_≈A`p`r`k`h`p`e`L`°`\_s`/s`Z`u`\_L`p`C`\_≈M`du`\_[i`l`r`s`\_S`\_d`L`°`\_f`i`sp`\_`\_f`\_l`pe.
5. Ap`QLu`\_u`\_p`\_Ldgp`\_Ap`i`e`p`\_l`pe`\_A`\_i`e`l`o`S`\_`\_b`m`\_`\_h`i`L`\_`\_L`X`h`p`\_p`L`°`\_s`\_u`\_r`l`k`l`\_g`\_O`g`\_`\_f`p`L`\_h`p`\_p`\_A`l`h`p`\_b`d`p`\_`\_p`X`u`\_`\_L`°`\_≈f`v`\_l`g`h`u`\_`\_s`\_`\_S`\_N`p`X`h`p`\_p`\_ex`\_`\_L`f`p.
6. A`ph`u`\_i`e`l`o`S`\_`\_l`m`h`\_u`\_AL`\_`\_X`M`\_s`\_p`\_d`p`\_p`\_u`Q`\_`\_f`d`\_h`i`s`\_S`\_h`u`\_L`°`\_h`p`m`\_g`i`\_S`°`\_L`°`\_V`\_f`p`M`u`\_`\_k`h`X`p`h`p`\_p`\_ex`\_L`f`p`\_(`sd`\_d`p`\_p`\_u`Q`\_L`p`C`\_`\_f`d`\_h`i`s`\_d`L`p`°`\_x`e`p`l`\_k`^`\_u`\_sd`p`f`p`\_l`p`\_u`\_L`\_m`u`\_d`p`\_p`\_u`Q`\_f`p`M`p`)

7. ApQL u\_p Ldgp ApIep lje A Ie[°s\_p dpYpdpil Lp°C h1s Alhp (Mx°v\N) \_ dLp°. L0°p Lfu \_p^ g\_i L° dpY pdpil L pC h1s dLhu A Mb S ≈ Mdr R' L° d L° Ap h1s s\_u/sZ\_u aakpdp S C il R' A\_ vfv u\_u dxe: 'Z \C il R'. A 'Z \_p^ g\_i R L° Δc Nmpdp Dsfu il. Q A hps s\_j\_MpVuR' AVg Δc `LXu fpMhp sdpfp Lp\dpYpdpil \_pM\_i p.
8. ALhpf Ldgp ijs lep `R u vfv u\_ s\_p/sZ\_u Xpbp `XM khX php' A\_ dp dp\ u \su EgVu L' L pC ^ph\_ \C S hp v p°. vfv u\_ `pZu, Mphp\_u h1s Alhp vhp Ap' i\_p [l] rkhpe L° s/sZ\_u ki' Zi kQs \C NC Lpe. vfv u ki' Zi kQs lpe xepi k^u s\_u/sZ\_u kq\ flp, s\_ dvv f' b\_p A\_ s\_u kuTf Xpefu cfhpdp dvv Lfp.
9. L0°p Lfu vfv u\_p rQrLxkL\_ bpgphp' ≈ ANf (L) ApQL u 5 rdr\_Vu h^pf kde k^u fl (M) `lg\_u ApQL u `R u sfs S buΔ ApQL u Aph Alhp (N) lg\_Qg\_ b\_i^ \C Nep `R u Ie[°s\_ S NpX u \_i Lpe.
10. ApQL u\_p Ldgp vfrdep\_ kcplmLsA djbjCg ap\_ `f ApQL u\_u OV\_p\_u \_p^ Lfu\_ `R u s sdpfp Xp°Vf \_v i\_p hhu ≈ CA.



## r4pJ dÿ-A'

### KpCthN

Ar`gþku A\_ Xs pCthN rh i rhrh^ Arc, jey, hs R°. A\_ L v° i\_p dp ApQL u d°s dvsp\_ >ep\_ dp fpMu depqv s gpCkfik Ap`hdp Aph R°. `fs cpfsdp ≈ Ie[°s\_ ApQL u\_p AL `Z Ldgp ApIep lje (rkhpe L° bpm `Zdp \veg\_ Ar`gþku) sp s\_ /sZ\_u Xs pCthN gpCkfik Ap`hdp \_u AphsI. C[fiX e\_ Ar`gþku AkjrKAi\_ (AþCCA) Ar`gþku vfv u Ap\_ Ar`Lpfp kbr` s rhrh^ dÿp Ap `f >ep\_ Ap` u f4 R°. ApCCA 1971dp i\pr` s \veg\_ \_p^ ZuLs kqkpeV u R', S` \_p` ls Ar`gþku\ uX psp gpL p\_ ` bIsf kpfhp, kcjm A\_ `hk\_ `fjll `pXhp\_p A\_ sd\_p Dh\_p ALi vf rLsdp k^pfpf Lfhp\_p R°.



AþCCA -pfp cpfs kflpf\_ Xs pCthN A\_ Ar`gþku kbr` s cpsue L pev pdpil L° VgpL k^pfp\_u cgpDZ Lfhpdp Aphu R°. Ap rh i i` ðpNivriLp `fu `pXhpdp Aph xepi k^u Ap` Z fpl ≈ hu `Xu il R'. kpdpfie fus, ≈ sd ApQL u\_p Ldgp\_ ≈ Md ^fphsp Lp sp X pCh \_ Lfhj hl bIsf R' LdL sd ihe\_ A\_ \_pNqfLp\_ ≈ Mddp dLp` Rp.

### gi\_

1976dp, Ar`gþku ^fphsu Ie[°s\_ gi\_ Lfhp u fpL sp ,hsd\_ L pev pdpil k^pfpf Lfhpdp ApIep ls. Ap rhLpf dpV bIsf vhpAp A\_ gpL ≈ Nrs kq\ A i` ð C Nejll Ls L° Ap Sifu \_Lps. Ap\_p Öe dm R' C[fiX e\_ Ar`gþku AkjrKAi\_, L fi: kflpf 1999dp rbg `pk Lejll S` -pfp Ar`gþku ^fphsu Ie[°sAp\_ L pev kf gi\_ Lfhp\_u `fhp\_Nu Ap` hdpdp Aphu lsu. Ap Lpevp `kpf lep `Ru `Z Ar`gþku ^fphsp vfv u Apdp gi\_ \_p^ vf ApRp` f4p R, gi\_ rhgb\ u `pe R' A\_ R V pR X p\_ jll, dpZ kpdpfie hks Lfsp h^ ≈ hp dm R'. kq\ u rhQrgs Lfsu lL uLs A R' L' Ar`gþku ^fphsu dpV pN cpN\_u Ie[°sAp\_ gi\_ `lg\_ Ap rhL pf\_u ≈ Z \_u Lfsu AVg R V pR X p\_ jll, dpZ h^ fl R'.

Ar`gþku ^fphsu Ie[°s cpfsdp L pev kf gi\_ Lfu il R°. ≈ L, gi\_ `lg\_ sdpfp \_pfp Dh\_kj\ \_ sdpfp [i\rs rh i S Zphh] Öö A\_ rlsLpfu R. bIsf A R' L sdpfp Xp°Vf kq\ A `pCfiVdfiV \_u Lfu\_ s\_ Alhp sZ\_u `psp\_p \\_pfp Dh\_kp u kdn `psp\_u [i\rs\_ hZ\_ Lfhp vp°.

### ApILpLpg

Ar`gþku ^fphsu Ie[°sAp\_ ApILpLpg\_ kh\_ V pmh) ≈ CA A dpV \_p b L pfZp R. kq, \d, ApILpLpg `ps ApQL u\_p Ldgp Aphhp\_u kcch\_pdp h^pf Lf R. buS I, A[fiV Ar`gþV L vhpAp\_u A\XAkfp h^ rhLk R' ≈ ANf ApILpLpg\_ kh\_ Lejll lje. dpV pN cpN\_u A[fiV Ar`gþV L vhpAp ApILpLpg kq\ AkfLpfL kprbs \_u \su.



### Ncphiv

Ar`g#ku`^fphsu drlgp Nchsu b\_u il R`A\_ kdpdfie ri\_i\_ S fid Ap`u il R`. ll uLsdpl, Aphu drlgpAp kdpdfie thivii\_ S fid Ap`hp\_u 90% i`es`^fph R`. D`fjs, ri\_i\_`Z Ar`g#ku rhL pf lphp\_u i`es`dp` 5% S`Vgu S fl R`. =L, sd\_ Ap`il p`pe L`sd Nchsu R p` AVg sfs S X p`V f\_ S Zphh Mb S dlxh\_ R`. L pfZ L`L`Vgul Ar`g#ku\_u vhpAp c`Z\_ Akf Lfu il R` A\_ Afie A[fiV Ar`g[#V L vhpAp k`p` s`bvghu S lfu b\_ R`. Nchsu drlgpA Ap [i`vrsdp bdZu L pmΔ fpMhu =CA A\_`p`sp\_u Ar`g#ku\_u vhp vffpS gh\_p\_ cgh\_ =CA. Aphu drlgpAp dpV , krs\_u , qSep kp`pfZ fus kdpdfie fl R`, rkhpel` kuTfue\_ k`i\_ kdpdfie gpL p`dpl h`^, Qrgs R`. dpV pN` cpN`pl qL ikpApdpl is`\_`p` `Z , p`xk`L\_ Ap`hdp Aph R`. kdpdfie fus, Δh\_`igidj` \p`X pN` `ifhs\_ k`p` Ar`g#ku\_p` rhL pf`^fphsu drlgp kdpdfie Ncphiv, , krs A\_`dpsixh\_p` Ap`\_lv dpZu il R`.



### ,hjk

Ar`g#ku\_p` rhL pf`^fphsu i`e[`s` ,hpk Lfsu lpe xepf L Vgul kphQsuAp fpMhu S lfu R`. k`p`Nu ANxe\_u kphQsu sflu Ar`g#ku\_u vhp`^fsu dp`p`dpl k`p` gh\_u =CA (L pC rhgb` \hp\_p` qL ikpdp) A\_`s` kfm`sp`u dmu fl Ahu kfrns S j`epA S d L lfiX b`Ndp` fpMhu =CA. Arsie fpdpQ, r`\_S igul fZ A\_`lpL u v f flp L pfZ L Ap ApQL u\_ D`Δs Lfu il R`. r`\_erds kde vhp gp`. Ar`g#ku`^fphsu i`e[`s` r\_ : k`vl ,hpk Lfu il R` A\_ kdpdfie Δh\_ Δhu il R, ` fs \_p\_u \_p\_u kphQsuAp sdpfp ,hjk\_ h`^ Ap`\_v`p`eL b\_`ph R`.



## b-mS-d- Ar4«t11

ApQL uA` b`p`mL`p`d`p` k`p`Nu kdpdfie fiefp`gp`ΔL g gnZ R`. Ar`g#ku kdpdfie hkr`\_p` 0.5-1.0% gpL p`dpl`^pe R`. abpCg L fihgTfik (sph vfrdep\_ Aphsu ApQL u) krls ApQL uAp` 3-5% b`p`mL`p`d`p`^pe R`. Ar`g#ku`^fphsp b`^p` S gpL p` d`p`Nu AX`p`lu h`^ gpL p`dpl Ap`fpN\_u i`i`As b`p`m`Zdp`^pe R`.



b`p`mL`p`d`p` hpfihpf Aphsp ApQL u\_p` ldgpAp` k`p`L` Vgul h`^p`fp\_u kdteAp` kLmpegu R`. b`p`m`Zdp`, dNS`\_p` rhL pk A\_`h`q`Y`^pe R`. vy cijehi, ApQL u\_p` ldgpAp` dNS`\_p` rhL pk A\_`L`pepi\_ ,cprhs Lfu il Alhp`sdpl`afapf Lfu il R`. gp`b`p` Al`hp` hpfihpf Aphsp ldgpAp` fiefg`kqL`i` Vii`k` A\_` fie`fp`V`p`fikduVf`ksg`\_d`p`afapf Lfu il R`. ApQL u A\_`D`Qpf b`p`mL`p`L`i`i`e`S`d`L`^`cpjp, i`uMh`A\_`hs`ZL`S`hp`AphleL`rhL`p`kdp`l`isn`^`L`fu`il`R`.

Ar`g#ku`^fphsp b`p`mL`p`\_`hiij` Aplp`fu`cgpdZ`Lfhdp`Aph R`^`S` ApQL u\_u`k`oep`dp`Ov`X`p` Lfsj`lp`hp`\_`=hpe`R`. Ap`A`l`j`fd`Qfb\_u\_ ,dpZ`h`^`p`f`A\_`kL`fp`\_ ,dpZ`Ap`R`i`N`l`pe`R`. kdpdfie fus sdpfp`X`p`V`f`A\_`ep`jesp`^fphsp`X`pe`q`V`rie\_`ep`je`Aplp`f`dp`Niv`i`Lp`^`fu`^`p`X`i`.

AVg, A`AphleL`R`^`L`b`p`mL`vhp`Ap`g`A\_`c`i`e`rh`\_p`\_s`\_p`r`Q`q`L`x`k`L`\_u`k`Q`\_p`Ap`\_j`\_`pg`\_L`f` k`p`fp`kdp`Q`p`f`A`R`^`L`b`p`m`Zdp`^`egu`AX`p`lu`h`^`cpN\_u`Ar`g#ku`kde`S`sp`v`f`^`C`=e`R`.

# Arç«t11 d-\\1 bl-f A-ç'« ,r1ÿ ce[°PA-#

≈fil u fpXk

≈\_\\\_ug fpXk, rhœps kpD\\Aq%L\_ qSL° Vf S°\_p' S fid 27 S gpC, 1969  
\_p kpD\\Aq%Lpdp \\ep Lsj. D° epNu S dZfu bV kd\_ sful sZ V iV ÖZu sd  
S h\_X CfiV f\_i\_İk bi'\_dpil kpD\\Aq%Lp sfaVu ,rsr\_r^xh Lei Lsj. qS L V  
S Ns ≈fiV u'\_ bpDfiX u fpL hp dpV s\_u Avcs R gpiN kq\\ rhide `dpXsp  
L VggpL f\_ApDvk dpV °epfe\_] cgu il . qS L V S Ns ≈ep lje Ahp s Öö  
auİxf Lsj. 1999dp ≈fiV u'\_ rhiX\_ qS L V f Apa ^ ef dp\\u AL sful `kv  
Lfhpdp Apİep Lsj A\_2004dp AL V gurhT\_ ÖZudpi s'\_ V pi` 100  
kpD\\Aq%L fikdp QV hpdpi Apİep Lsj. ≈fiV uA' `pqL isp\_p CfiTdpd-Dg-  
ll\_ Lfgp k, rkÿ f\_ApDV `R u AL CfiV fiēdp sZ ≈lf Lei Lsj s  
Ar`gçku\_p riL pf Lsj. Ap kpcmu\_, kpD\\Aq%LpA ≈fiV u'\_ k1\\ k\\ L pē  
Lfhp rh\_su Lfu. ≈fiV u klds \\ep A\_ xepflu s Ar`gçku ^fphsp bpmLp  
A\_ehp\_dpV' AL Apv i b\_u f4pR.



Vp\_u NN

Afi\\\_u rhrged N°°N S°\_p' S fid °hufikV pD\_, kpD\\Aq%Lpdp 6 Ap°V pbf, 1946  
\_p \\ep Lsj. V p\_u N\\N\_p DR f kpD\\Aq%Lpdp \\ep A\_ s\_ V r\_k, fjbU A\_  
qS L° V S hu fdsdp frQ lsu. 14 hj\_u Jdf V r\_k\_u fdsdp Ar`g[çV L ldgp  
Apİep `R u s dv p\_dp S `Xu Nep. Ap\_u ,p\\rds ,rsqSep A lsu L° dlp\_ qS L° V f  
b\_hp\_ s\_i k'\_ Xu cpije] Lsj. ≈L , \\pX pil S kdedp s\_ kd=C Ne] L° s\_i  
k'\_ s kpLpf Lfu il R' L° d L° vhpAp\_u dv\\u s Ar`gçku\_ r\_e"Z dmhu  
ils Lsj. sZ l[jgi qS L° V V ud\_j\_sxh Leçij A\_ Ap` bm A\_L dQp' Δsu.  
sAp AL Öö bVi kd\_ lsp A\_ `qf[i\\rs A\_ kpf duqXed `k A\\hp [i'\_  
bpiçgn `Z Lfu ils Lsj. ApS , sAp AL ApvfZue qS L° V rhİçjl A\_  
VgurhT\_Lp d fiV V fR°.

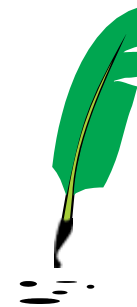


# [https://en.wikipedia.org/wiki/List\\_of\\_people\\_with\\_epilepsy](https://en.wikipedia.org/wiki/List_of_people_with_epilepsy). Last accessed on 23rd July 2015

Ar`gçku rhôhçfdp gpMp gpLp°\_ ,cprhs Lf R°. Ar`gçku Lp hp\_ i\_r\_vp\_ \\ep `Ru sd r\_fpk  
\\C ilp R p' L' lh sdppf k'\_ pd kpLpf\_] Lfu ilp. `fjs Ap kqQ]\_ \\u. Li `p Lfu Ar`gçku  
^fphsp A\_L gpLp° rhi\_] Ap `i\\slp hplQp' S' Ap' `ps` psp\_p n" Tmlmsu kamsp dmhu  
, rkÿ\_ hepi Lsj.

Q:İk qX L fik

Q:İk qX L fik, dlp\_ rbqV i gML S d\_ A\_L sbubu budpfuAp lsu  
S dpl Ar`gçku `Z kpdg lsu. qX L fik\_ bpm `Zdp hpfhpf  
ApilQL uAp Aphsu lsu. `fjs bpm `Zdp \\su AX^p cpN\_u  
Ar`gçkudp b\_ R' sd sAp `Z s\_u k\\ dpV pN \\ep. ≈L , qX L fik\_  
bpm `Zdp Aphgu ApilQL uAp\_u epv s\_p L pepdp Tmlsu lsu. sZ  
ApilQL uAp\_u hZ\_ s\_p döe "Z gnZ pdp Lei Lsj: dçif°k, Ayrghf  
qVn hiV \_p\_VMV lpa-b^f, Adpfu `fi`f rd" s pdp QpgjL° Tpd\_p  
LX dpiVf A\_ NiVf S Ap GguL lpDkd\_p L f lsp. GguL lpDkd  
Lfpeg Ar`gçku\_] hZ\_ MfMf Avcs R' A\_ sZ Ap^r\_L  
rhôh\_p rQlXkLp\_u `Z , i k dmhu R'. Ar`gçku\_ `psp\_p  
Δh\_ `f lphu `\\hp v°\_ pf Akpdpfie İe[°sApdp qX L fik h^ AL  
Apv i DvplfZ R'.



kpc V uk

kp'S Vuk (469-399 bu.ku.), N°uL sxhtQsL (qagpkpaf)  
`psp\_u grMs L° rsAp\_p AL `Z L pNrmep R p°X u\_ \\u Nep.  
Apd R sp, s'Ap' A' kde\_p dlp\_ sxhtQsLp dp\\u AL f4p  
R°. sd\_p "Z ApΔh\_ kp\\u vpf Aifivpa fik, T\_pap\_ A\_  
çgpV p' s\_p A\_ s\_u rhQpf^pfp rhi\_] dprlsu\_p ^ps b\_u  
f4p R°.



Ah =Zhp d\_ej R' L kçS V uk ldij cv u Ahp≈\_p DİçM Lfsp S Z sd\_ AdL L pep Lfsp fp°ep  
lsp. sAp Ap\_ Agpql L A\\hp Apçp[xdL kil' s sful ApmMhps lsp. kçp^\_ kQh R' L  
kçS V uk kpdpfie ApQL udp rhLksp ihí\_ u nrZL gpb Ar`gçku\_ uX psp lsp. kçS V uk S hp Ap  
vfv uAp\_ r\_v p\_ dp" 20du kvudp r\_v p\_p kp^\_ sful Cg°V piA fika gpnpd D'gG^ \\ep `R u  
S i'e bfiē] Lsj. sxhtQsL n" kçS V uk \_p^ `p" epNv p\_ Apçel R , A\_ s\_u rhQpfA Aq^r\_L  
rhQpf^pfp\_p `pep\_ ,cprhs Lep R°.



# A-'QS 1A-' , -\rdS 1-f4-fa- D4-e-\*

## [\rs `fLpb]dmhp

- **isfL**; A\_vfvu `pk gpLp`\_iVp`myN C N\`sp fpLp.
- vfvu` Afie i\m\_gC ≈ Ap rkhpel° s/sZu fisp Alhp vpvf S`hu Lp`C ≈ MduSjep` fLpe.
- vfvu\_pL` XpYugpi Lfu\_\_pMp Mpk Lfu\_s\_/sZu`Xp`L` `pk\.



## vfvu\_u [\rs

- vfvu` ^ud\ AL` XM khXphu v p` S`u s\_` Ohpk ghpdpl klpesp dm A\_ dpYpdpl fLg LpC ,hplu blpf\_uLmu =e.
- C= \su fpLhp s\_/sZu` dp\p\_uQ sqLeI, apIX Lfgj S\l` V Alhp Afie \_fd h1s dLp.
- vfvu` i`e AVgu Apfpdvpel [\rs\_] A\_ch Lfphhp ,ex\_ Lfp.



## C≈\s`fpLp°

- vfvu` ^ud flu vpvf, fisp Alhp Lp`C ≈ Mdu i\m\i v| fgC ≈ Ap.
- vfvu\_u Apk`pk `SfLfp A\_ar\_Qf, LpQsdS Afie h1s Ap`S` s\_` C= `lpQpXu il s v| f Lfu vp°.
- sd vfvu\_p dp\p\_uQ sqLep S`hyN LpC dLu il; A` lg; sdppp lp\_u L`mi vfvu\_p dp\p\_uQ fpMu s\_` Ap`p` Ap`p°.



\*<http://www.epilepsy.com/epilepsy/firsbid>. Last accessed on 23rd July 2015

## vfvu\_p dpYpdpl L`C`Z`\_pMhp`\_V pmp°

- ApQL u`\_p Ldgp ApIep lpe A` IeI°s\_p dpY pdpl L p`C h1s (Alhp Mpæ`vp\` ) dL i`p`\_l].
- L@`p Lfu`\_p` g`i`l` dpY pdpl L jC`Z` dLh; A Axes ≈ Mdi b\_u il R` L` d L° vfvu s\_` Nmu S C il R` A\_ s`\_j dxeI`Z kchi il R`.
- A` `Z`\_p` g`i`p` L° Δc Nm pdpi Dsfu =e A` hps kpQu \_\u AVg Δc` LXu fpMhp dpYpdpl L`\_pM i`p`\_Lu.



## bmSbfu Lfhp`\_V pmp°

- ApQLu Aph xepf IeI°s\_ bmSbfu\`u `LXhp\_p ,ex\_ \_Lfp°.
- s\_u/sZu` lg\_Qg`\_fp` Lhp\_p°, ex\_ °epfe \_Lfp°.
- ApQLu\_p Ldgp ApIep lpe A` IeI°s\_ °epfe bd `pXu` Alhp ≈ f\`u lgphu` DWpXhp\_p ,ex\_ \_Lfp°.



## ApQLu Apcep`R`u...

- vfvu` s\_/sZu`\_p Xppp `XM khXphp` A\_ dp; dp\`u \sp` ^ph\_ blpf hluShpvp°.
- vfvu` kI` `Zi` ihl` \pe xepi k`^u s\_` `pZu, Aplpf Alhp vhp A; `i; \_l].
- vfvu` kI` `Zi` ihl` \pe xepi k`^u s\_` kp\ flp A\_ s`\_` dvv í` b\_`sd S s\_u ApQL u\_u X pefu cfhpdp `Z klpesp Lfp°.



**A<sub>p</sub>QL<sub>u</sub>\_u X pefu**

dril\_p' ... h<sub>j</sub> ..... kpfhpf A\_ dp"p .....

qvhk	A <sub>p</sub> QL <sub>u</sub> °ef Aphu		QL <sub>u</sub> Negp XpT	A <sub>p</sub> QL <sub>u</sub> _u OV_p L°Vgp' kde fl.	qV <sub>z</sub> Z <sub>i</sub>
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**A<sub>p</sub>QL<sub>u</sub>\_u X pefu**

dril\_p' ... h<sub>j</sub> ..... kpfhpf A\_ dp"p .....

qvhk	A <sub>p</sub> QL <sub>u</sub> °ef Aphu		QL <sub>u</sub> Negp XpT	A <sub>p</sub> QL <sub>u</sub> _u OV_p L°Vgp' kde fl.	qV <sub>z</sub> Z <sub>i</sub>
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## A<sub>p</sub>QL<sub>u</sub>\_u X pefu

dril\_p' ... h<sub>j</sub> ..... kpfhpf A\_ dp"p .....

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## A<sub>p</sub>QL<sub>u</sub>\_u X pefu

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**A<sub>p</sub>QL<sub>u</sub>\_u X pefu**

dril\_p' ... h<sub>j</sub> ..... kpfhpf A\_ dp"p .....

qvhk	A <sub>p</sub> QL <sub>u</sub> °ef Aphu		QL <sub>u</sub> Negp XpT	A <sub>p</sub> QL <sub>u</sub> _u OV_p L°Vgp' kde fl.	qV <sub>z</sub> Z <sub>i</sub>
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**A<sub>p</sub>QL<sub>u</sub>\_u X pefu**

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**A<sub>p</sub>QL<sub>u</sub>\_u X pefu**

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