

ନିର୍ଦ୍ଧାରଣାକୁ ପୂର୍ଣ୍ଣକରନ୍ତୁ

ଏହାପରି ମନ୍ତ୍ରାଳୟ ଯେତେ କାମ କରିବାକୁ ପରିଚାରିତ କରିଛି, ଏହାକୁ ଆଜିର କାମକାରୀଙ୍କ ପରିବର୍ତ୍ତନରେ ଆବଶ୍ୟକ କରିବାକୁ ପରିଚାରିତ କରିଛି। ଏହାକୁ ଆଜିର କାମକାରୀଙ୍କ ପରିବର୍ତ୍ତନରେ ଆବଶ୍ୟକ କରିବାକୁ ପରିଚାରିତ କରିଛି।

Bs} e` s` ml «eÉl` fsu`±Bß}l...l n`s`n` `l`}. ml B̄s u«d
Eus sl` «...ß Blsßfss mns mrl 9æ q̄sls rnl «eÉl` ...l nu\`...`
lÉ™... ss` e` . m̄c•l9un™ sl`», llws}, «s (ssnll` «...ß)...l` sl`»,
(«,u`l nt`n) «`lß ul`sß• nlr` ...l` fsu`±Bß}l nt`n d, sß d, sß
n`t}lu`L ufsHwrlnml` ...l` e` d` fsu`±Bß}l nÉß sl`sß æ` e` .
ss`s` }Hsn n`...ß ul`n`...ß`}Hsn«n sßn` fsu`±Bß}l...l` m..., nl ssB`;
uÉ nlul±` sßn`:

- }lsBHsn, nud ÉBHsn m...` llnnßn ssll...l sl`Bc}ul`
nslls` rB`.
- sl`æ`sß uVl, lnm` ssll uls` d Tsß mllsnul` Ènsl`ns nlls`
rB`.
- u,`•lÉ - fqLl

fsu`±Bß}l lB` lL, ult`nß uls` m̄c•l9un™ nl`n}sß uln`rß
unß Bsnß «sksnuñlsm`l...ß r`Éß d, ml` d`ul` «sksnuñlsm`
400, fsu`±Bß}l m`s` `B,`? 401, m̄c•l9un™ sl` «m`s`
B,`? 402, llws}, «s fsu`±Bß}l m`s` `B,`? 403, «`lßu`sß•
nlr` ...l` fsu`±Bß}l m`s` `B,`? m...` 404, (tsn sl` «n`n)
,±sl`-s`~ul`s` fsu`±Bß}l m`s` `B,`? ...l` null`B rl} e` .

କିମ୍ବା କିମ୍ବା କେବେଳୁ?

- ...ßn`...l s̄sÉl`ns fsu`±Bß}l...` }l`c} t...sl... ssll,` mllr}s e`:
- «nlBl, eInß m...` u\nul`™...l n`ul`, nßIV sułd}ln, uVælsl`
m...` r19sl`9s...ß Èul` nrl u«d ul` «V`rml` n`n,
fsu`±Bß}l d`lß d us`n, nllslls r9 Bs` n`ll «eÉl` lsllnß
m±` ufsHwrlnml` ...` m`s... ssll uls`
 - ...unß st̄e mrl 1EBHsn, u...l`nll...l l`slls` m...`
t...slBlml` , d`lls` «`...n`... mrl wldß ml`s; mrl
s`s`ßs sllm`...ß s` sllm`...l n`l`d ...l` ...ß mlsmnsl` n`n
u,`•lÉ...l n`nln s̄sÉl` ...` m`s... ssll uls`

- nl`tr}« nl`tm`nß•, wl`tn, es m`d±nßml` m...` n`l}s d\rl`
uln`rß (ul...tns, l`l`lls,` m...` ...lÉl`sk}) uss, ult`nß m...`
n`l` u`nll uls`
- fsu`±Bß}l lsllnß '}Hsn...` nll&...` ml`l`d ... m...` `lwr
ssll s`ll uls`

d, sß d, sß Hwrlnml`...ß nllslls uls` ...ß sllm` d`u d`u unnnß
æ` e` , n`u n`u '}Hsn...` s]l uVslls...` fsu`±Bß}l e` n` ...ß ssll...`
lL,...` lL, u«`l,...` u...n,` æ` e` . sl.n., m̄c•l9un™ sl`lln
s`s`ls «l`s`...ß m...` «`lß ul`sß• nlr` ...l` fsu`±Bß}l llnl «l`s`...ß
nllslls uls` ...ß sllm` unß Bs` e` , us`n, ml sllm` lusn sl`«
(fsu`±Bß}l...l` d` lL, m`s uVslls)...ß nllsllsul` tu...mnsslls
e` , m...` «sksnul` n` «eÉl` ...` lssllB` . ult`nßuñlsl 407,
m̄c•l9un™ sl`« uls` sllm` ...ß nllslls, d, ml`.

କିମ୍ବା କେବେଳୁ?

fsu`±Bß}l...` t...sl... ssll...` - mln ssß...` BTmln...l nu»lul`
nÉßlls u,rs` «`l`e` , sllsÉ...` nnl`s t...sl... nl` uln u,`}, uls,
ul`wsul`s`m` lmn` mrl u,` d`l` slm`lul` , u«d...ß ul`l`inß
ss~}l...` r9 Bs` e` . t...sl... ssllul` «`l`n`nu}ul` nllln e` .

æ` ws`... m...` m±` nuln`...ß d Ts «`l`} nl` , uVnßel` }sß...l mlls`
4-12 m6llfs}l «`l` e` . æ` '}Hsn fsu`±Bß}l...l BTmln...l
nu»lul` «`l`} nl` , t...sl... ssllul` mll` n` u` «`l` n`...ß Èus ...ds
slmll uls` 6-12 ul`...l...l «`l`n`...ß d Ts s` `B` .

క్రమ 1 : GP పాఠ వ్యాఖ్య

ఆ` nu...` nulsB mRLL nulsB t...ss «l`} n`LB '}Hsn...` fsu`±B}J
 «l`L m`}` tn`nl rnB «l`} nl` , n«l`} «l`L uls`...B nl` uVRU '}Hsn
 GP e` . nu` GP ...` n`...B nd`tm`sBul` unB Bsl` el` mRLL n` nulsI
 ns...B u,`lsln `B` . æ` fsu`±B}J...B Bsl` «B` nl` , '}Hsn...B
 Ln`tm`É`{s...` nsul`...sBéE ssL...` m...` n...` u\c{j}s... ssL...` nÉ`
 n`}` s`B` . m` ueB d ms`ms ns`Bll` B` , e` n` LL, wue RB` .
 GP '}Hsn...` ...Bn` sBn` u\c{j}s... ssB` :

- ఉత్సంఫుల్స ప్రాచీన రాచణి - nu` GP ...` nulsB nIR
 m...` nu...` d`...Bt`nl e` n` '}Hsn nIR r`sl` nu` LnnB
 ssLul` «ln` n`LB mlBl sImB Bsl` - s`sIs `eÉl`...` ...»B
 ssL...` uV}In ssL uls` mIL` ssB` . GP '}Hsn...` m...`
 ufsL...` m±` nn}...` nuBn 9t`n«ln...` mn}In ssB` .

- BlsBfss nuln m...` usBéE - nlul± sBn` GP BlsBfss
 nuln ssB` m...` u`•E næ`tm` Bs` n`LB uBé Hwrlhml`...`
 æÉl` uls` «l`} nRL u`Blu...` usBéE` d`LI n`t}lu`L
 usBéE` ssB` .

- ఉత్సంఫుల్స ప్రాచీన రాచణి - t`nlBsHsn m...` }IsBhsn...` usBéE ssL
 uls` mln n`}Is ssLul` mIL` `l`R`ÉBhnsL nL`l`l` GP u`eB` .

GP m` sl`~}, t...sB ...tn]« d`LB s`s`Bs n`Lml` u`nllB usB` . æ`
 fsu`±B}...` n`nln t...sl... RB` mRLL '}Hsn...` }LWRL ssLul`
 ns`B1 usnB «B` nl` , GP n`...B nl`tr}« n`L`tm`nB...` n`luE ssB` .
 Bs` e` .

u\c{j}s.....` m`n` , GP m` n`...` nlsE`...B }`c` sBn` æE ssL
 æ`9m` m...` B` , u«l`} «l`L...B d`Ts e` n`...B n`l`tm` ssL B` æ`9m` .
 n`ml`...` t...sl... ssL...` nIR «l`L...` «l`B` , mRLL n`ml` mlnB
 ssL`L , ml`n n`u\c{j}s... ssL...B «l`6LÉ` sImB` . s`sIs
 s`n`ul` , n`u\c{j}s... ssL...B «l`6LÉ` sImB` . s`sIs

- ప్రాచీన రాచణి - Gl...n`n`ml`...` l`ul`tm`ul` rnB
 uBulsBml`...` t...&Él`n «l`} e` . s`sIs ±` , sl`l`td ws
 fsu`±B}...` l`l...sl.....` mln m...` n`l`nln «l`} e` .

- ప్రాచీన రాచణి - (s)s`æfs}ls`_B{r}...` nsB`
 ml`nm{l` e`) ul`sB `us nIR n`z uBulsBml` m...` BlsBfss
 mBhsmnl`...` l`m...` _L`sL`...B nsL`nln...` t...&Él`n «l`} e` .
 d`...` t...sl... ssL9 sm` e` n`'}Hsn æ` t...L`n...B `us` u`l`nB
 «B` nl` mlB` '}Hsn...` n`...` l`eÉl` BlsBfss uBulsB...` l`B` e` ,
 s`s`u , mRLL n`ml` BlsBfss uBulsB n`ud fsu`±B}IRB uBsl`
 e` n` æÉl` ml m`sIs t...&Él`n...` n`luE ssB` .

- nlul±` u`tn u`l`nfss ul...`ns wlwe}...B
 ns`B1...B t`Bln R`ÉB...` t...sl... ssLul` m...` n`...B nsL`ns
 ssLul` t...&Él`n «l`} e` . ,l`}Hsn...` t...sl...ul` n`l` nsL`
 u...`l`nfss`ns...` n`uVn ssLul` mlB` .

- ప్రాచీన రాచణి - m`l` u...`l`nfss`ns` e` d`ml` _L`S`L
 «l`sl`...B , fsu`±B}J n`l`n , ul...`ns wlwe}...B ns`B1`ul`
 t...&Él`n «l`} e` n`ml` n`ÉB`Is fsu`±B}l`nln , ,l` «l`sl`...`
 uE uss...` l` uVwnL ss` e` .

mln t...&Él`n sl`sss nlul±` sBn` t...&Él`n`...B sBu nl`»n
 uVsIs...B nd Gnlul` LL , n`l`B`u...` l`l`L`nu`lul` s` `l` n`u\c{j}t`
 «l`sl`nln` n`t}lu`L sl`sss`...B nIR slu ss` e` . nu` `u`B`
 s±n`cs±s...` TuT æ`B` ...«B` e`n` , mlms` nuls` s`n` uls` n` d
 d`llusls `l`} e` m...` n` n`u`l`n`l` s`sss` nIR n`...B nnl`tm` ssB` .
 s±n`cs±s...nl`tm` , u...`l`nfss`ns` , ,l`} n`u`l`n`l` s`n`n`n` n`...B
 ul`nl`...B æÉsIsB , s`Bn`n` m...` n`l`q`l`sIsB` n`sl...`mlu`
 e` .

క్రమ 2 : విధానికి అనుభావి

t...&Él`n...` n`luE ssL uls` GP m` }`c` '}Hsn e` . æ` nu...`
 m`L`} «l`}` s` n`luE ussTu RB` m...` GP n`...` n`l`n...` ssnI ...RB
 nl` , n`...` uls` n`...` sulE ssL` . uBæ mlnuVI} uls` mRLL uss
 uls` u`usB Hs`l...` mRLL m±` t...&Él`n...B n`L`...` n`luE...B
 ul` «E` ssL...` m...` mlB` n`luE mluB Bs` n`LB n`Lml`
 u`nll...` nu` »sIs e` . GP ssnI s±n`cs±s...` fsu`±B}J...B
 L`l`B` æÉsIsB m...` m...` , nL` «B` , m...` LL` , t`l`B`
 nuln...B d`u`s` u`d...B ulsBs nuln...B u`l`n` «B` .
 nuls` GP nl`»n uVsIs...` t...&Él`n s±n`cs±s...` n`luE ssB` .
 ml t...&Él`n...` t`ml`lIs n`u`l`n`'}Hsn...B `us` , n`...` l`eÉl`
 m...` nulsI nl`»n t`wnlsul` B` , unB Bs` e` n`...` l`eus` e` .
 s±n`cs±s` , n...`l`u,t` uVsIs ...Bn` u`du` e` .

- ప్రాచీన రాచణి - GP ...B uls` ,
 u\c{j}s...ul` d` }Hsn...` t...sl... ssLul` mlB` sm` e` n` m...`
 n`...B t...ss...` l`l`n`l` nIR LnnBn ssLul` l`Bn`l` «l`nu`...`
 nul`B RL...B Bs`n`l` e` .

- BlsBfss nuln m...` usBéE` - nl`ns nuln m...`/mRLL
 usBéE` GP q`l`sIsB` n`l`nln` ml`}`...`B` «l`} n` «l`n` ssLul`
 mlB` .

క్రమ 3 : వ్యాఖ్య

u\c{j}s... nsul` , ml`fs u`B`±s fsuls`tm`u`±s , s`sIs m6lfs`J n`LB
 fsL`n...B «l`Hwus`l`ul` , mRLL nlc`d , «l`Hwus`ul` slm` ssB`
 nsB` ssLul` mlB` e` . t...&Él`n sl`sss n`...` u\c{j}s... ...Bn`...` ulsIn`
 ssB` .

- **CT** (mrls... s... - d... t...sl... ss19 sm e` n` }Hsn t...nls u\c}l's... uls` u...l\hfs...ß uÉ u,«lsln «'B` n`...ß ln™É\s... t...sßeÉ ssllul' m... u\l'nß ln...ß n`...ß nur™nl...l' m'sld ssllul' nu} «Inllul' mlB`.
- **WS** (mrls... s... - d... t...sl... ss19 sm e` n` }Hsn...l u«d... ws` ... ssllul' mlB` . u«d... ws` ... mlnlnl', u«d...ß V\rmrl' m... «l9s,l\tnl'«n (u«d...ß ms's ulÉß nsll,) d'Lß Hwrln Bl'Lß ssJß Bs` e` . u«d... ws`l tlLlL uVsIs` e` :
 - CT mrls CAT (sl`~i}\ss19ks m`Hsn}« sl`ul`«Vllk) ws` ... m` m's,n-s` m... sl`~i}\ss...l €u}l`« LS u«d...l ll'sl ulsll...ß m`s sßn e`.
 - MRI (u`z`sßs fsnl`...±n 9u`ld`«) uÉ u«d...ß nwLßs ≥nß ssll sl`~i}\ss...l €u}l`« ss` e` m... m's,n-s` ...l us` , n` ws` ...s...ß miss s««l m\u d BHsnBlnß n,us...ß mnsl` nlus` Bsßs alsl u'sl ssllul' mlnl s'fs}l` n's`nl`...l €u}l`« ss` e`.
 - SPECT (tn`«« ll'sl`... m`tn... sl`~i}\ss19ks sl`ul`«Vllk) u«d...ß sn...l-ulnml' ssnl' u«dul' unls rnls ssn uVlk..., ulsßs t...sßeÉ ss` e`.

u\c}l's... uls s±ncts GP ... m`lk` ul's«ß mluB` . CT m... MRI ws` ... u«d... n's,n... (m's,l`lk) sBl™L` e` , a)ls` SPECT m... PET ws` ... slu`ßsß...ß mluß...l tlwnls` sBl™L` e` . ml'l'slls`...ß usLtn fsu`±Bß}l...l sllsÉ`..., t...sl... ssllul' ussTu Rl} e` . u«d...l sl`9 mÉl}l™ l'slls`...ß n`L` sBl™Ln` , ws` ... mc•l9un™ sl`«...ß Hwrln...` ...sllsß slJn` ...ß sllsÉ` sl`«...ß BTmIn...l nu`lm1`ul` nlu±` sßn` €us LLLn` nlr`...l l'slls`Rß ml l'slls`...` d, sl ulsll... , u,RS« l` e` . s±ncts n`...l ml`l's...`...ß nnl™ ssB` mrls ml ult`nß uls` }Hsn...` GP uln` usn ul's`B` s`slls`n`ul` , t...sl... ssnl` u\l™, sl`9uÉ l'slls`...` t...sßeÉ ssll s±ncts s`slls`ut...lml` ueß` }Hsn...` lsß unll...ß «l'6LÉ ssB` .

4. **MR** (mrls... s... - d... t...sl... ss19 sm e` n` }Hsn

nu` nulsI ul`nl...l uls` mrls nu` d`...` uss ssß smI el` n`Lß sl`9` }Hsn uls` u,«lslnul` «ldsß mluß smI el` nl` , ...ßn` u,du ssL` €u}l`«ß s«'B` :

- GP mrls t...&ÉIn sl'sss... u\l`ul` uls` sl`9uÉ nlu`l mrls t...nld ...s t...Bl...ßml` «mß sIml` . nnl™-tlnslÉl ss~}l... nu` d`ss`l`ul`«nl` l` n` u\l` d` }ls sIml... , u,RS« e` .
- nnl™ ss~}l... sl'sss s` n` m«}...l u,Olml` «mß ...l'ml`
- æ` sl`9 Bßsl` s` Bßsnu\«l` nu` nuæ Bsnl ...l` nl` n`...` nuælll... , sl'sss... , mrls m±` sl`9uÉ }lnl}ßml` ...` s`l` .
- æ` 9'c«ßB nulsß uln, nldl ...l «l` nl` , sl`9uÉ nußuß ufsnldl «mß mluß sl'sss...` d'Éll` .

5. **MR** (mrls... s... - d... t...sl... ss19 sm e` n` }Hsn

fsu`±Bß}l...l t...sl... tlB` ssßS...` B` B` s«`L` m` m` «`...ß ul`nl...l tlnsl`ul` sl'sssl`ul` unn`sl` «l'9 B` e` . fsu`±Bß}l Lslnß `}Hsn...` n`...` t...sl... n`...` s` `L`ul` mlL n`...l` mtlsls e` - mln ssß...` æ` n`...lRß n`...` n`...l` }Ls...` n`...LHWRN ssll...ß ns unnnß «l`} nl` . æ` s` , s`slls n`æ` «l`ul` , }Lnl}sls...` m`L` `l`B` s`:

- æ` ssßS u\l`e` , mrls æÉll ul`«` e` n`L` `l`k` nl` , n`...` uln fsu`±Bß}l...l t...sl...l` d` mlußl æ`9m` .
- ul`nl...` fsu`±Bß}l «l` , u\l` e` n`...ß æÉslsß...` n`...` ssll...` n`u...l uls` nÉ , u,RS«`B` .
- }lsBHsn...ß ns`ßll` d` L` Bßsl`Rß æ` LlIs` n`«` l`9Rß nuæ Bsnl` , l`c` «l`n` , l`c` n`...l` €u}l`«` ssll` Ll` , nls` s` `B` .

ul'slnl«...l sl'sssl` fsu`±Bß}l...l mrls n`nln fsu`±Bß}l...l t...sl... ...ß n`u`l n` }Hsn...ß ...æs...ß `}Hsn...` æÉ ssB` . s`slls s`nl`ul` , }Hsn fsu`±Bß}l Lslnß e` n` n`...` s` `L` s` s`u n`...l` t...É™} ssll...` n`...l n`nln`u`Lßml` mrls t...l` us el`sllul` mlL e` . ml...l` mlLls n`ml`...l d` n` }Hsn nlr`...l n`u`L` ...l uVsIs` , m...` `}Hsn æÉll ul`«` e` n`L` n`ml`...` l`k` e` s` s`u n`...l u`e` .

æ` nu...` m`L` `l`k` s` sl'sss ml uVr...` slnß smI e` n`m` , `lnl` ul`«`nl` dsluÉ t`nfnsnls m... , nlnl ...«ß` .

6. **MR** (mrls... s... - d... t...sl... ss19 sm e` n` }Hsn

m`slls t...sl... uls` R9 æ` m`s` , GP m` l'slls`... , u\c}l's... ssll m...` sl`9uÉ ns`ßl...ß nnl™ ssll fsu`±Bß}l lnß `}Hsn...` mlls...lls æ`l...ß «l'6LÉ ssllß æ`9m` . l'slls`... , u\c}l's... ssllul` uss uls` , m...` nl` `n` uVsIs...ß u,RS`ßml`...` «` ssll...` €u}l`l` m`«` n`ll` u`nlll uls` GP fsu`±Bß}l lnß `}Hsn...` mlls...lls æ`l...ß «l'6LÉ ssllß æ`9m` . l'slls`... , u\c}l's... ssllul` uss uls` , m...` nl` `n` uVsIs...ß u,RS`ßml`...` «` ssll...` €u}l`l` m`«` n`ll` u`nlll uls` GP fsu`±Bß}l lnß `}Hsn...` t...&É`n sl'sss...` n`luÉ ssB` . fsu`±Bß}l lnß `}Hsn...` nlu±` mlls`c` uls` uÉ GP dllusls e` . nlu±` sßn` GP m...` «l'Hws...`l t...&É`n sl'sss n` , snuÉ` fsu`±Bß}l...ß nlslls...ß n`n...l mluB` . ml`lwrl...` mlls` }Hsn...ß ufsHwrln` , n` s`l` s` `e` m...` s9 s9 sllml`...` «9 s`ß e` n`...l` uss e` .

æ` nu...` mrls nulsß «l` n`Lß sl`9` }Hsn...` fsu`±Bß}l Rl...` t...sl... R` , «l` nl` , nulsI GP uln`Rß , mrls nulsI wrlt...s n`ll` d`R` uln`Rß æ` nu...` dTs «l` `nl` uss ul`«`nl` ssBl` ...«ß` . m`slls t...sl... R9 «j` ueß` Ll` , n`ll` m...` uss s`l` Rß u`nlll n`...l tlB` ult`nß uls` , «sksnuñnsl 471, t...sl... uls d`ml` .

nulsß wrlf...s mcé•l9un™ nl`nl}sß...ß Blml «'u`Bl nulsß nIR
 LInnßn ssll, m... ` nulsß dTsll`...` uss ssll uls`...ß n«l«
 m... ` ul«nß mlul n`}ls «B».

Ll, ul«nß uls`, mulsl` mlñ fsu`±Bß}l ul«nßsl`D, fsu`±Bß}l
 s`s«l`« alzheimers.org.uk/dementiacatalogue
 L`unl9s us unß Bs` e`.

ભાષાલિક શબ્દબોલી બાબત

- 400 fsu`±Bß}l (wu,tn ...unß uslß) m`s«` B,? 401 mcé•l9un™ (wu,tnV'B)...l` sl` « m`s«` B,?
- 425 GP s`Lß sßn` uss ssß Bs`?
- 426 t...sl... m... ` u\é}ls...
- 445 ul«TMsb™...: n` s`Lß sßn` uss ssß Bs`?
- 458 wu,tn LL,... ` LL, ...unß usnß dLß
- 460 ul...lns euul Llsl` 2005
- 467 ...lÉ'sk} m... ` sl...`...ß ulunl`
- 472 m`±s,}sß`« uls ml'l m`s...ßS (EPA) m... ` «ltws`« uls
 ml'l m`s...ßS (LPA)
- 500 LInnßn ssllß
- 509 ml€us ln™É\s nIR slu «`L`
- 524 fsu`±Bß}lInß '}Hsn... ` nudLß nrl n`... ` ul... mlul`

For further information visit alzheimers.org.uk

Gujarati

Alzheimer's Society Dementia Helpline
England and Wales 0845 300 0336
Northern Ireland 028 9066 4100
8.30am – 6.30pm Monday – Friday

Diagnosis and assessment
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